

FATBERG PREVENTION

FATBERG — “A very large mass of solid waste in a sewerage system, consisting especially of congealed fat and personal hygiene products that have been flushed down toilets.” - Oxford Dictionary

FOG: Fats, Oils & Grease



FOG refers to Fats, Oils, and Grease from food preparation and kitchen clean up. Significant sources of FOG include:

- Meat fats
- Food scraps
- Lard, shortening, and butter
- Cooking fats
- Sauces, salad dressings, and mayonnaise
- Dairy products

Q: Why does FOG cause problems?

A: Once FOG “liquid” is discharged into the sanitary sewer, it solidifies and sticks to the pipe walls. This may result in:

- Clogged drains and/or toilets
- sewage backups into your home
- Discharge of sewage into the environment
- Expensive clean up and repairs
- Higher sewer charges
- Potential health risks
- Odors



<https://water.arlingtonva.us/sewer/fog/>

Managing Fats, Oils & Grease



- ✓ **DO:** Pour cooking oil into covered containers and dispose with garbage
- ✓ **DO:** Scrape food scraps into the garbage or compost bin
- ✓ **DO:** Wipe dishes free of FOG
- ✓ **DO:** Clean grease spills with absorbent material then dispose of it in the garbage



- X **DON'T:** Discharge FOG down drains, sinks, or storm grates
- X **DON'T:** Scrape food scraps into the sink
- X **DON'T:** Run water over greasy dishes

Wipes Clog Pipes!

Disposable doesn't mean flushable. Trash it, don't flush it!

Place these items in the **TRASH** and **NOT** the toilet:

- Disposable wipes (baby & adult wipes, facial wipes, etc.)
- Sanitary products (tampons, sanitary pads, etc.)
- Hygiene Products (cotton balls, Q-tips, dental floss, etc.)
- Other (Diapers, Kitty Litter, Paper towels, Cigarettes, etc.)



Only Human Waste and Toilet Paper should be flushed!